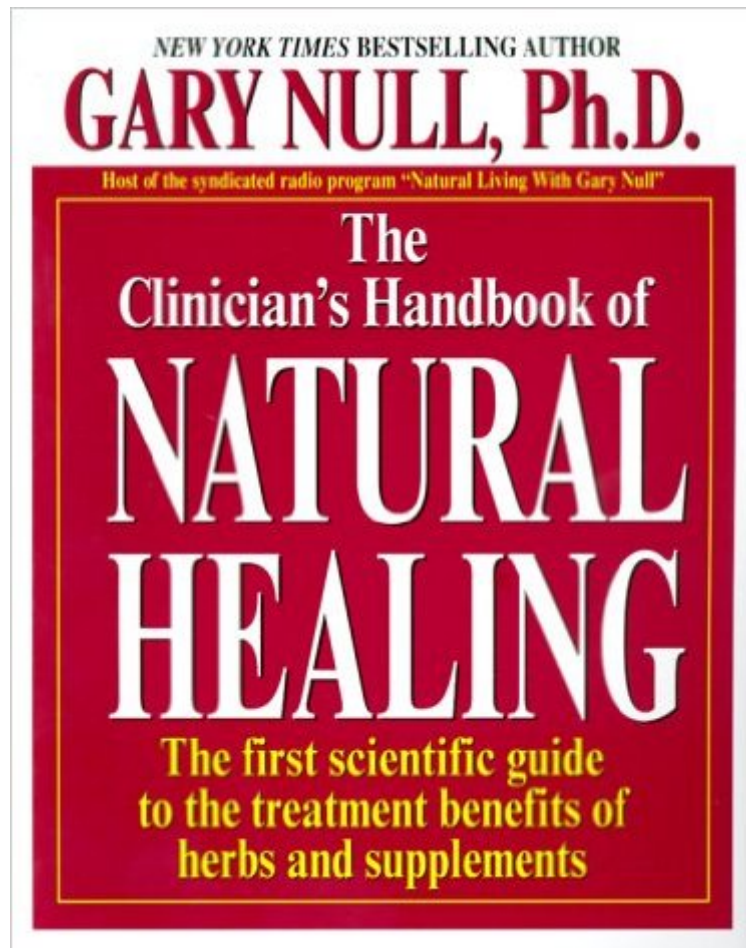


The book was found

The Clinician's Handbook Of Natural Healing



Synopsis

Book by Null Ph.D., Gary

Book Information

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Customer Reviews

This is one large book (870 pages!), filled with massive amounts of information regarding vitamins, minerals, enzymes, and other nutrients, and their effect on various diseases. Keep in mind this is a reference guide, primarily for clinicians, so it is not a book one would read through cover-to-cover. The first section consists of nutrients, listed in alphabetical order. After each nutrient Null lists different diseases that a particular nutrient treats, backed by summaries of various scientific studies. He also provides the references, so one can easily look up the studies for him or herself. The studies come directly from scientific journals. For instance, looking under Zinc, we find that Zinc is beneficial for acne, and Zinc Sulfate and Vitamin A "significantly reduced" the number of papules, pustules, and infiltrates within 4 weeks. This is from a 1977 study found in "Arch Dermatol," i.e. the "Archives of Dermatology" journal. The next four sections are: Herbal Superstars (well-known herbs), Additional Herbs, Therapeutic Amino Acids, and Essential Amino Acids. These are laid out just like the first section. The next section consists of various fruits and vegetables and their phytochemical content. For instance, cabbage has over three pages worth of chemicals listed, from 1-cyano-2,3-epithiopropene to Zirconium (at anywhere from 1.4 to 203 ppm). Then Null lists each phytochemical alphabetically referenced to its therapeutic properties. Then he lists different herbal properties (such as "antiviral") followed by herbs that fall under that category. Appendix A lists anti-aging nutrients (listed in the same manner as section one). Appendix B consists of

recommended dosages of various nutrients and herbs.

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